



About CICOACH.COM

Founded in June 2003 by Rosalind Joffe, CI Coach (<http://www.cicoach.com>) provides professionals with chronic illness with the support, strategies, resources, and services they need to thrive in their professional lives.

Services include individual coaching programs to help individuals manage their health and careers, as well as organizational and corporate programs to create an understanding and diversified workforce.

Founder Rosalind Joffe is a nationally recognized expert and certified coach on chronic illness in the workplace. With 30 years experience living and working with chronic illness, she developed proven systems to help others with chronic illness develop the skills they need to succeed in their careers.



About Rosalind Joffe

Nationally Recognized Expert on Chronic Illness in the Workplace & Leading Executive Career Coach

Imagine that at age 29, newly married, you were diagnosed with MS, which caused temporary blindness and extreme fatigue. Later you got ulcerative colitis and lost bowel control and suffered from constant fevers. You underwent surgical construction of an artificial excretory opening through the abdominal wall and went on MS drugs. You have continually struggled to stay employed from the moment of diagnosis. It would be a tough road for anyone.

But Rosalind Joffe has made sure her adversities wouldn't hold her back. Her executive career coaching practice, [CICoach.com](http://cicoach.com), was built on her 30 years experience fighting with chronic illnesses. It helps those with chronic illness to develop the skills they need to succeed in their careers.

Rosalind is a certified mediator and an International Coaching Federation accredited coach. A recognized national expert on chronic illness in the workplace and a leading executive career coach, she has been interviewed in the *The Wall Street Journal*, *New York Times*, *The Boston Globe*, ABC Radio, as well as a variety of regional and national media outlets. In addition, she is published in dozens of disease organization and health journals.

Rosalind is also the author of *Women, Work and Autoimmune Disease: Keep Working Girlfriend!* (<http://cicoach.com/book.html>), which encourages women with chronic illness to stay employed to preserve their independence and sense of self.

Rosalind is on a steering committee to the *60 Summit Group* - a nationwide effort to increase attention and change policy regarding employment and disability. She is also a sought-after speaker and workshop leader for organizations that include the *National Multiple Sclerosis Society*, *BiogenIdec*, *State Street Corporation*, *New Directions*, *Association of Career Professionals*, *HealthTalk.com*, *New England Arthritis Foundation*, *NENMMS*, and the *Scleroderma Association*.

Three things you may not know about Rosalind:

1. She used to eat spaghetti every day when she came home from school. And it is still her favorite comfort food.
2. She gets a weekly manicure as a treat to herself.
3. She loves to cook and eat. She wishes to train to be professional chef one day.

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Company Fast Facts

<i>Company Name:</i>	CICoach.com
<i>Company Headquarters:</i>	Newton, MA
<i>Founded:</i>	June 2003
<i>Founder:</i>	Rosalind Joffe, M.Ed.
<i>Financial Information:</i>	Private Limited Liability Company
<i>Products/Services Offered:</i>	<ul style="list-style-type: none">-Individual coaching with executives living with chronic illness.- On-site coaching for managers.- Workplace seminars to build awareness and give the tools to create a more inclusive, flexible and compassionate environment that supports a diverse workforce.
<i>Target Audience:</i>	Professional men and women who live with a debilitating chronic illness
<i>URLs:</i>	<ul style="list-style-type: none">http://www.cicoach.comhttp://www.keepworkinggirlfriend.com

Need an Expert?

Rosalind Joffe, founder of CICOACH.com, can talk about the following topics:

- How the daily effects of chronic illness might impact workplace performance – and what you can do to overcome it
- Short-term & long-term career goals realistic with health conditions
- Workplace diversity
- Balancing work, life and chronic illness
- Providing support in the workplace for a person with a chronic illness
- Job-hunting for professionals with chronic illness

Story Ideas

Making yourself invaluable in the workplace, even with a chronic illness. More than 125 million Americans with chronic diseases continue their day-to-day struggle to stay employed without becoming a liability. Let Rosalind Joffe explain how a professional with a chronic illness can negotiate the waters, balance work and life - and become a valuable employee.

Creating balance: work, life and chronic illness. The moment of diagnosis of chronic illness is the moment to follow the 'chronic illness management protocol': Re-evaluate, make adjustments and draw the line. Rosalind Joffe reveals how to use the protocol to create as much balance as possible.

Job hunting for the sick. For those with undying career passions but also chronic illnesses, their first priority is not disease management skills but finding an environment that's accepting and conducive to them. Rosalind Joffe shares how to find the right fit in terms of skills, health and organizational culture.

Other ideas include:

- How chronic illness affects the workplace.
- Should a potential employer be told about a chronic illness?
- Playing the hand you're dealt: living successfully with chronic illness.
- Dealing with the holidays when you have a chronic illness.